



ÉCOLE CORINTHIA PARK SCHOOL

[Cougar Chronicles - March 17th, 2024](#)

[Spell-a-thon Fundraiser](#)

Congratulations to all of our K-6 students for participating in the Spell-a-thon/Learn-a-thon held in-class on Friday! Marks should be on PowerSchool by the end of the day tomorrow, March 18. If you are collecting pledges, you have until Friday, March 22 to submit any money collected.

[Parent/Teacher Communication Week](#)

We are looking forward to welcoming parents into the school this upcoming week for parent/teacher meetings. All of the Lost and Found items will be on display in the hallway outside of the office, so if your student is missing something, please stop by the tables to see if it has been found.

[Upcoming School Immunizations](#)

Children who are eligible for immunizations may be immunized at school with parent/guardian consent. Prior to any immunizations, information will be sent home with your child with information about the vaccines and a consent form for each vaccine. For your child to be immunized in school, consent must be provided to AHS staff verbally or each consent form must be signed and returned to your child's school by the date indicated on the envelope.

The next date for immunizations at ÉCPS is June 4, 2024. More information will be coming out in the weeks ahead.

[2024-25 EI Pre-Kindergarten Registration is Open](#)

Calling all parents/guardians with preschoolers! All applicable Black Gold schools are now open for the 2024-2025 Early Intervention Pre-Kindergarten intake. Limited spots are available, so act fast!

If your preschooler struggles with following directions, communication, anxiety, or developmental delays, early intervention is crucial. Our EI-PreK program offers tailored support for academic, social, and emotional growth starting from age 2 years and 8 months.

Don't wait for things to get harder—apply now for a screening to see if your child qualifies for our *free EI-PreK program and invest in their future success. Please share with your neighbours and friends with little ones!

For more info, visit the [Black Gold School Division website](#) or email Early Childhood Services Coordinator Rebecca Aiken at rebecca.aiken@blackgold.ca

[Free LRC Pass](#)

Spend some fun time with your family! We have a **FREE family LRC pass** that can be borrowed from the school library to use. You can check it out just like a library book! Contact our librarian, Mrs. Bendfeld, to get your name on the list to borrow the pass. Her email is: jennifer.bendfeld@blackgold.ca

[School Council & Parents' Association News](#)

Our next School Council and Parents' Association Meeting takes place on Wednesday, March 20th @ 7:00 pm in the library. Come and meet our executive and find out what they are doing to support ÉCPS students! They are always happy to welcome new faces and hear new ideas - thank you to everyone who has come out to a meeting so far this year.

New Fundraiser! Mabel's Labels

The ÉCPS Parents' Association is happy to partner with Mabel's Labels for a year-round fundraiser. Mabel's Labels are the original waterproof label for all of your child's things. The labels are microwave safe, dishwasher safe, laundry safe, and all orders ship for free! There is no deadline to place an order – this is an ongoing fundraiser to help the Parents' Association in their efforts to support our students and school.

Please visit the [Mabel's Labels website](#) to view their products and to place an order.

Nut-Free Bake Sales

Thank you to all of the parents who have provided items for our bake sales so far this year. We have had a tremendous response! All items at the bake sale are priced at 50¢ each.

Our next Bake Sale is on Tuesday, March 19, and will be hosted by **Mrs. Shipley's AM and PM Kindergarten classes - 18 items each, please.** Click [here](#) to see the full schedule for this year's bake sales.

Bakers: Please

- Our Bake Sale is "**NUT-FREE**" - so please don't send things with nuts.
- Label your baking if it is catered to certain dietary needs (eg. gluten free or dairy free).
- Label containers and reusable bags so they can be given back to the students.
- Cookies, brownies, squares, etc. need to be **individually packaged** (eg. Ziploc bags, plastic wrap) for safe food handling and distribution.

Buyers: Please

- Try to only send change for your child to purchase items. No bills (especially \$10/\$20 bills) - we aren't always able to make change for bills.

Hot Lunch

Hot Lunch takes place each Friday (Thursdays if there is a PD day). Hot Lunch is available for students **GRADE 1-6 ONLY**. If you would like to order lunches for your child, please go to [Healthy Hunger](#). **Hot Dog** orders are open for **Kindergarten - Grade 6** students. The order deadline is five days before the lunch date (Saturdays for Friday lunches). No refunds are available. If your child is absent on a hot lunch date, you may come and pick the lunch up at noon or donate it to the school to feed a child in need.

If you have any questions, concerns or feedback about the Hot Lunch Program, please email marleemoreau@hotmail.com.

Popcorn Day

Our next Popcorn Day will be Thursday, April 25. Students can purchase a bag of popcorn for 50¢ with a maximum of two bags per child. Money can be sent with your child prior to or on the day of the sale.

[Popcorn Day Schedule](#)

Volunteers Needed for Hot Lunch, Bake Sales and Popcorn Days

We are in need of volunteers to make these programs a success. Click on the link below or sign up on our website under the Parents tab and then Bake Sale, Hot Lunch, Hot Dog, or Popcorn Day. One time or on a regular basis - everything helps! The school requires that you have a Volunteer Form completed prior to starting. Thank you for your support!

[Popcorn Day Volunteer](#)

[Hot Lunch Volunteer](#)

[Bake Sale Volunteer](#)

Community & Parent Information

[Leduc Public Library Spring Programs](#)

The Leduc Public Library is offering a variety of programs this spring for all ages. Click on the link below to view the monthly calendar. To navigate the different programs on the library's website, choose the age category on the left of the screen, click on something that may interest you or your kids, and follow the prompts if registration is necessary. [Leduc Public Library Spring Calendar](#)

Family Oriented Programming

The Black Gold Occupational Therapy Team is presenting three topics related to supporting children from PreK through Grade 3. The final topic - Supporting Picky Eating - will be presented at ÉCPS on April 25. Click [here](#) for more information.

AMH Caregiver Education - March 2024 Newsletter

If you want to learn more about how to support a child or youth, or if you want additional strategies for supporting your own wellness, you are welcome to register for any of these sessions. To find more information on the virtual education sessions that are offered, please click the link below.

[AMH Caregiver Education](#)

Free Maclab Centre Events

The Maclab Centre offers free family events throughout the year. These events are free, however, tickets are required and are available at the library. All events take place at the Maclab Centre. Please click on the links below for more information:

- [BachTots-Zoo Dance - Free Event](#) - April 7/24

AdaptAbilities' Hearts in Action Summer Camps

Adaptabilities is offering summer camps for children and youth with diverse abilities such as ADHD, Down Syndrome, Autism, Anxiety Disorder, Cerebral Palsy, OCD, Tourette's Syndrome, and other needs. There are a variety of camps offered for ages 3-17, and this is the first year they will be offering camps in Leduc! For more information or to register, click here: [Adaptabilities Summer Camp Information](#).

Upcoming Important Dates!

- **Mar 18-22: Parent-Teacher Interview week**
- **Mar 19: Nut-Free Bake Sale (Mrs. Shipley's AM & PM Kindergarten classes to provide the treats)**
- **Mar 19: Grade 4/5R to Extencicare (in the morning)**
- **Mar 20: Outdoor Ed meeting (after school)**
- **Mar 20: School Council & Parents' Association meeting (7pm)**
- **Mar 21: Rock Your Socks Day for World Down Syndrome Day**
- **Mar 22: Hot Lunch Day**
- **Mar 22: School Spirit - PJ Day**
- **Mar 22: PJ and Movie Day (in celebration of Spell-a-thon)**
- **Mar 25-29: Spring Break - No School**
- **Apr 1: Easter Monday - No School**
- **Apr 2: First day of school after Spring Break**
- **Apr 3: Grade 4/5R to Extencicare (in the morning)**
- **Apr 4: World Autism Day**
- **Apr 5: Outdoor Ed meeting (after school)**
- **Apr 5-6: Grade 5/6 girls floor hockey tournament (Riverview Middle School in Devon)**

APRIL ANXIETY SERIES @ *Leduc Public Library*

April 4, 2024 10AM-11AM
Separation Anxiety Coping Strategies
 Ages 3-5 (with caregivers)

In this free workshop, parents/caregivers will learn strategies to help ease their child's anxiety encountered during separation from caregivers. Participants will learn how to help normalize their child's experience of anxiety when separating from caregivers and provide their child with strategies to help them in moments of distress typically encountered during separation from caregivers.

Book: *The Invisible String* by Patrice Karst

April 11, 2024 4PM-5PM
Anxiety and Coping Strategies
 Ages 6-9 (without caregivers)

In this free workshop, children will learn about the body's "alarm system" and its functional role in their lives. Participants will learn what anxiety is and leave with practical strategies to help ease their anxiety.

Book: *Please Explain Anxiety to Me* by Laurie Zelinger and Jordan Zelinger

April 18, 2024 4PM-5PM
What To Do When You Worry Too Much
 Ages 10-14 (without caregivers)

Workshop attendees will learn four superpowers to help them deal with their worries and feelings of anxiety. Participants will learn what anxiety is and leave with practical tools ("4 Superpowers") that they can use to help them feel less anxious.

Book: *What to Do When You Worry Too Much* by Dawn Huebner

April 25, 2024 6PM-7PM (online); 7PM-8PM (in person)
Stress and Anxiety in Teen Girls
 For caregivers

Workshop attendees will discuss the many pitfalls adolescent girls face today and leave with practical strategies to help their daughters move past challenges while reinforcing confidence and minimizing stress.

Book: *Under Pressure* by Lisa Damour

REGISTER AT

www.familycounsellingcentres.com > Groups



Family
Counselling Centres



What is AdaptAbilities?

JULY 2 - AUGUST 23

AdaptAbilities summer camps create amazing possibilities for a non-stop summer of fun! We nurture belonging, exploration, and fun, while providing a safe camp experience.

Our summer programs are designed for children, youth, and young adults with diverse abilities such as:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Down Syndrome
- Autism
- Anxiety Disorder
- Cerebral Palsy
- Obsessive Compulsive Disorder (OCD)
- Tourette's Syndrome
- Other Needs



HEARTS IN ACTION
SUMMER CAMP Summer Pledge

We believe in movement:
 All activities are hands on, this is not school! HIA is a place to go outside, get messy, work in a group, ask questions, be safe, and have fun!

We believe in exploration:
 We support campers in their curiosity to learn through new experiences in the community.

We believe in purposeful activities:
 Whether we are using games, videos, slideshows, field trips, all of our activities have a purpose.



Our Early Intervention Pre-Kindergarten program intake is now open!

Take action now to give your child the best start to their education.

Space is limited, sign up today!

Scan the QR code for more info:



www.blackgold.ca/programs/pre-kindergarten

