

# Cougar Chronicles - March 3rd, 2024

#### **Spell-a-thon Fundraiser**

Information about our Spell-a-thon (Grade 1-6)/Learn-a-thon (Kindergarten) fundraiser has been sent home. From now until March 14, students are to practice their words and seek pledges. The Spell-a-thon will take place on March 15. Click here for more information.

## Free LRC Pass

Spend some fun time with your family! We have a **FREE family LRC pass** that can be borrowed from the school library to use. You can check it out just like a library book! Contact our librarian, Mrs. Bendfeld, to get your name on the list to borrow the pass. Her email is: <a href="mailto:jennifer.bendfeld@blackgold.ca">jennifer.bendfeld@blackgold.ca</a>

# **School Council & Parents' Association News**

Our next School Council and Parents' Association Meeting takes place on Wednesday, March 20th @ 7:00 pm in the library. Come and meet our executive and find out what they are doing to support ÉCPS students! They are always happy to welcome new faces and hear new ideas - thank you to everyone who has come out to a meeting so far this year.

#### **Nut-Free Bake Sales**

Thank you to all of the parents who have provided items for our bake sales so far this year. We have had a tremendous response! All items at the bake sale are priced at 50¢ each.

Our next Bake Sale is on Tuesday, March 19 and will be hosted by Mrs. Shipley's AM and PM Kindergarten classes - 18 items each. Click here to see the full schedule for this year's bake sales.

#### Bakers: Please ....

- Our Bake Sale is "NUT-FREE" so please don't send things with nuts.
- Label your baking if it is catered to certain dietary needs (gluten free/dairy free).
- Label containers & reusable bags so they can be given back to the students.
- Cookies, brownies, squares, etc. need to be **individually packaged** (ex. Ziploc bags, plastic wrap) for safe food handling and distribution.

### **Buyers: Please ....**

• Try to only send change for your child to purchase items. No bills (especially \$10/\$20 bills). We aren't always able to make change for bills.

#### **Hot Lunch**

Hot Lunch takes place each Friday (Thursdays if there is a PD day). Hot Lunch is available for students **GRADE 1-6 ONLY**. If you would like to order lunches for your child, please go to <u>Healthy Hunger</u>. **Hot Dog** orders are open for **Kindergarten - Grade 6** students. The order deadline is five days before the lunch date (Saturdays for Friday lunches). No refunds are available. If your child is absent on a hot lunch date, you may come and pick the lunch up at noon or donate it to the school to feed a child in need.

If you have any questions, concerns or feedback about the Hot Lunch Program, please email <a href="maileomoreau@hotmail.com">marleemoreau@hotmail.com</a>.

## **Popcorn Day**

Our next Popcorn Day will be Thursday, March 14. Students can purchase a bag of popcorn for 50¢ with a maximum of two bags per child. Money can be sent with your child prior to or on the day of the sale.

Popcorn Day Schedule

#### Volunteers Needed for Hot Lunch, Bake Sales and Popcorn Days

We are in need of volunteers to make these programs a success. Click on the link below or sign up on our website under the Parents tab and then Bake Sale, Hot Lunch, Hot Dog, or Popcorn Day. One time or on a regular basis - everything helps! The school requires that you have a Volunteer Form completed prior to starting. Thank you for your support!

Popcorn Day Volunteer

Hot Lunch Volunteer

Bake Sale Volunteer

Hot Dog Day Volunteer

# **Community & Parent Information**

# MHCB Spring Break Camp

Be prepared to get messy, so wear old clothes that can get stained! Camps will be held at East Elementary School in Leduc (4503 45 St, Leduc). Click the link below to register.

<u>Grades 1-3 ~ Messy Play 9:00-12:00</u> https://forms.gle/r77CKbx4LoVFMC3g9

<u>Grades 4–5 ~ Mad Science 9:00–12:00</u> <u>https://forms.gle/vnUZaquUXvptmMHC9</u>

<u>Grades 6–8 ~ Art Antics 9:00–12:00</u> https://forms.gle/a86zHiZUmn8NH4Be8

#### **Family Oriented Programming**

The Black Gold Occupational Therapy Team is presenting three topics related to supporting children from PreK through Grade 3. The next topic - Supporting Toilet Training - will be presented at ÉCPS on March 14. Click here for more information.

# AMH Caregiver Education - March 2024 Newsletter

If you want to learn more about how to support a child or youth, or if you want additional strategies for supporting your own wellness, you are welcome to register for any of these sessions. To find more information on the virtual education sessions that are offered, please click the link below.

AMH Caregiver Education

## **Free Maclab Centre Events**

The Maclab Centre offers free family events throughout the year. These events are free, however, tickets are required and are available at the library. All events take place at the Maclab Centre. Please click on the links below for more information:

- Daniel Gervais Free Event Mar. 11/24
- BachTots-Zoo Dance Free Event April 7/24

# **Upcoming Important Dates!**

- Mar 6: Outdoor Ed meeting (after school)
- Mar 7: Grade 4/5R,4S,4C to the Reynolds Museum
- Mar 7: Grade 6 ski trip (Rabbit Hill)
- Mar 8: No school for PRE-K and KINDERGARTEN ONLY (PD Day)
- Mar 8: Hot Lunch Day
- Mar 8-9: Grade 3/4 girls floor hockey tournament @ Robina Baker School
- Mar 9: Outdoor Ed trip to Miquelon Lake
- Mar 11: PD Day No school
- Mar 12: No Pre-K classes (PD Day)
- Mar 12: Grade 5B to Extendicare (in the morning)
- Mar 14: Popcorn Day
- Mar 14: Grade 6 in-school field trip
- Mar 14: Grade 2/3E,2B,2Z, and 3D to Telus World of Science
- Mar 14: Grade 4-6 ski club (Rabbit Hill)
- Mar 15: Hot Lunch Day
- Mar 15: Spell-a-thon/Learn-a-thon
- Mar 15-16: Grade 3/4 boys floor hockey tournament @ Caledonia Park School
- Mar 18-22: Parent-Teacher interview week
- Mar 19: Nut-Free Bake Sale (Mrs. Shipley's AM & PM Kindergarten classes to provide the treats)
- Mar 19: Grade 4/5R to Extendicare (in the morning)
- Mar 20: Outdoor Ed meeting (after school)
- Mar 20: School Council & Parents' Association meeting (7pm)
- Mar 21: Rock Your Socks Day for World Down Syndrome Day
- Mar 22: Hot Lunch Day
- Mar 22: School Spirit 80s Day
- Mar 25-29: Spring Break No School
- Apr 1: Easter Monday No School







# 9am - 12pm East Elementary School

March 25th, Grade 1-3

<u>Messy Play</u>

March 26th, Grade 4-5

<u>Mad Science</u>

March 27th, Grade 6-8

<u>Art Antics</u>