

LGBTQ2S+ Resources – Leduc, Leduc County and Edmonton Area

This list is provided for information purposes only. Please contact each organization directly for details.

24 Hour* Information and Support Lines

*24 hours unless otherwise specified

Organization/Topic	Phone number
211: Information and Referral	211
Abuse Help Line (NOT 24 Hours: 7:30am – 8pm, Mon-Fri)	1-855-4HELPAB (1-855-443-5722)
Addictions Helpline	1-866-332-2322
Bullying Helpline	1-888-456-2323
Child Abuse Hotline	1-800-387-KIDS (5437)
Distress Line	780-482-HELP (4357)
Emergency Income Support Contact Centre	1-866-644-5135
Family Violence Info Line	310-1818
First Nations & Inuit Hope for Wellness Help Line	1-855-242-3310
Health Link	811
Kids Help Phone (for ages 20 and under)	1-800-668-6868
Kids Help Phone Crisis Text Line (for ages 20 and under)	Text "CONNECT" to 686868
Mental Health Help Line	1-877-303-2642
Sexual Assault Centre of Edmonton - Support and Info Line (NOT 24 Hours: 9am-9pm) (For support from 9pm-9am call or text Central Alberta Sexual Assault Support Centre at 1-866-956-1099)	780-423-4121
The Open Door –Emergency Helpline (ages 11-24) – Call or text	780-679-HELP (4357)

Online Chat Services

Organization/Topic	Link
Bullying Helpline – Online Chat (noon-8pm daily)	alberta.ca/bullying-find-supports.aspx
Distress Line Online Crisis Chat (6-10pm Mon- Fri), 12-4pm Weekends)	edmonton.cmha.ca/programs-services/online-crisis-chat
Family Violence – Online Chat (8am-8pm daily)	alberta.ca/family-violence-find-supports.aspx
First Nations & Inuit Hope for Wellness Online Chat (24 hours)	hopeforwellness.ca
Kids Help Phone Online Chat (24 hours)	kidshelpphone.ca/live-chat/

Leduc – LGBTQ2S+ Specific Programs

- **Leduc Community GSA** - 2 Alexandra Park, Leduc - Meets at the Leduc Library the last Monday of each month – Run by altView Foundation – Contact sophie@altview.ca for time and ages

Leduc and Leduc County – General Resources and Programs

Basic Needs

- **Jireh Centre** – Gateway Family Church – 4310 Black Gold Drive, Leduc – 780-986-1414 or info@thejirehcentre.ca – provides free clothing and footwear to those who cannot afford to purchase them otherwise
- **Leduc & District Food Bank** - 201, 6051 47 Street, Leduc –780-986-5333 – Provides food hampers, education programs and the WeCan Food Co-op program (prepay food baskets)
- **Leduc Regional Housing Foundation** - 5118 – 50 Avenue, Leduc– 780-986-2814 – Provides affordable accommodation and services within the Leduc Region through seniors’ lodge suites and apartments, affordable housing units, and subsidized units

Updated January 2020



Domestic Violence/Victims of Crime Support

- **Riseup Society Alberta** - Leduc – 780- 739-7473 or info@riseupsociety.ca – Through counselling, support and education, Riseup brings hope and healing to those impacted by domestic abuse, and educates and empowers communities to end that abuse
- **Leduc & District Victim Services** – Protective Services Building - #1 4119 50 Street, Leduc – 780-980-7232 – Provides a highly skilled, compassionate level of service to any victims of crime or tragedy, through dedicated staff and trained volunteers: includes crisis intervention, victim programs and court support

Mental Health/Addiction Supports

- **Addiction and Mental Health** – Centre Hope – # 201 4906-49 Avenue, Leduc – This service is not available to everyone, please call for more information: 780-986-2660 – Provides crisis intervention including urgent services, assessment for individuals experiencing significant functional problems related to mental health issues and treatment for people with severe or persistent mental disorders or moderate to severe emotional distress.

Direct Client Services and Referral

- **Alberta Supports Centre** - #202 4809 43a Ave, Leduc – 780-980-0557 – Alberta Supports can help you access more than 30 programs and 120 community services for: seniors, employment, homelessness, financial needs, children and youth, parents and families, people with disabilities, guardianship and trusteeship, abuse, bullying and family violence prevention
- **City of Leduc Family and Community Support Services** – Civic Centre – 1 Alexandra Park, Leduc– 780-980-7109 – Youth, family, individual and senior support and outreach, subsidized counselling program, recreation and culture subsidy programs
- **Leduc County Family and Community Support Services** - #101, 1101-5th Street, Nisku – 780-979-2385– One to one support and referral, and various programs regarding: grief/loss, FASD, seniors and adults with disabilities, in-home parenting support for parents of children under 6, childcare resources and referrals
- **Leduc HUB Association** - 5010 50 Avenue, Leduc – 780-739-5482 – Services include: winter over night shelter, urgent financial support through referral, coats for families, operation Night Angel by referral, job search support, homeless supports and listening in a non-judgemental atmosphere

Other Programs

- Please contact **211** or visit ab.211.ca

Edmonton – LGBTQ2S+ Specific Resources and Programs

- **The Rainbow Pages** – Resource Guide found here: www.therainbowpages.ca/ - a resource guide developed by The Family Centre of Northern Alberta to provide Lesbian, Gay, Bisexual, Transgender, Queer+ (LGBTQ+) youth and the youth-serving community with a consolidated guide of supports available in Edmonton. Includes Health & Supports, Transgender Supports, Events & Activities, Affirming Churches/Congregations and Online Media.

Edmonton – General Resources and Programs

- Please contact **211** or visit ab.211.ca

Learning and Development

- albertagsanetwork.ca/index.php/teacher-resources/
- cdc.gov/lgbthealth/youth-resources.htm
- egale.ca/awareness/#category=resources
- leduc.ca/social-supports/lgbtq2s-initiatives
- pflagcanada.ca/resources/
- pridecentreofedmonton.ca/resources/references-further-reading/
- youthline.ca/get-support/links-resources/